

Your eyes only  
(You decide who sees this)

## 17 Caring Things We Can Do For One Another

© 2011-2019, Douglas D. Germann, Sr. Professional Corporation  
 Questions? Call Doug at 574/291-0022, email [76066.515@Compuserve.com](mailto:76066.515@Compuserve.com),  
 or fax to 574/291-0024 [www.SouthBendElderCARINGlaw.com](http://www.SouthBendElderCARINGlaw.com)

Imagine in the last few months you have had serious changes in your health and may be dying. Mark where you want to be between each of the two extremes. For example if you want low cost no matter what, mark on the left ← side; if do everything is most important, slide the pointer to the right → side; maybe you are somewhere in between:

- |   |               |  |
|---|---------------|--|
| 1. Low cost   | <----->       | Do everything  |
| 2. My wishes decide my care                                 | <----->       | Family consensus decides                                   |
| 3. Human touch: hold my hand, wipe my brow, be kind, gentle | <----->       | Not of great concern to me                                 |
| 4. I am able to think clearly                               | <----->       | Less important   |
| 5. Keep my pain low   | < ☺ ----- ☹ > | I can take a lot of pain                                   |
| 6. Spiritual/Religious dialogue                             | <----->       | Not a concern to me  |
| 7. Doing something special for a loved one                  | <----->       | Low importance   |
| 8. More doctor or nurse explanations of what to expect      | <----->       | Don't trouble me   |
| 9. Reminiscing/pondering my life                            | <----->       | Not a concern to me  |
| 10. Calm environment  | <----->       | Busy environment   |
| 11. High engagement with family and those who care          | <----->       | Low engagement   |
| 12. Music   | <----->       | Quiet  |
| 13. Making amends   | <----->       | Low importance   |
| 14. Life is always worth living                             | <----->       | There may be things that may make my life not worth living |
| 15. Continuing my hobbies, activities: High importance      | <----->       | Low importance   |
| 16. Caring for myself                                       | <----->       | Someone to do for me                                       |
| 17. Making it to a special event                            | <----->       | Low importance   |
| 18. Taking a trip   | <----->       | Low importance   |